

acrylic

acrylic nail enhancements	
acrylic overlays	
one colour acrylic overlay   hands	R490
ombre acrylic overlay	R530
natural acrylic colour + gel overlay	R560
one colour acrylic overlay   toes	R390
acrylic + standard gel overlay   toes	R490
acrylic full set tip applications	
one colour acrylic tips	R530
ombre acrylic tips	R560
acrylic tips + gel overlay	R600
reverse french acrylic tips	R690
acrylic sculpture	
one colour acrylic sculpture	R560
ombre acrylic sculpture	R590
one colour sculpture + gel overlay	R635
reverse french acrylic sculpture	R795
acrylic fills	
acrylic fill 2 weeks (max 3 fills allowed)	R340
acrylic fill 3 weeks (max 3 fills allowed)	R430
acrylic removal + maintenance	
acrylic nail repair overlay   one nail	R70
acrylic sculpting nail repair   one nail	R85
soak-off acrylic when re-applying	R95
top coat refresher	R120
soak-off + treatment	R195
soak-off with quick mani + treatment	R200
nail art	
rhinestones   single	R10
rhinestones   per nail	R25
basic nail art   per nail	R20
3D nail art   per nail	R45
chrome   all nails	R70
nail art   all nails	R120
gel ombre	R120
french	R90
advanced nail art   all nails	R295

gel

nelé naturale	
nelé naturale standard gel overlay	
one colour standard gel overlay   hands	R320
one colour standard gel overlay   toes	R320
standard gel pensioners + kids (under 12)   sundays only	
includes e-file off   hands or toes	R290
nelé naturale hard gel	
hard gel overlay (short)   new set	R440
hard gel overlay (long)   new set	R490
hard gel fill (includes e-file off)	R450
ombre hard gel overlay	R530
hard gel + tips	R560
sculptured hard gel nails	R590
*hard gel you can fill; no acetone soak-off needed	
nelé naturale rubber base	
rubber base   natural   hands	R340
rubber base   natural   toes	R340
rubber base + colour gel overlay   hands	R440
rubber base + colour gel overlay   toes	R440
gel removal + maintenance	
nelé nail repair   one nail	R70
nelé sculpting nail repair   one nail	R85
top coat refresh	R120
e-file off with re-applying   gel	R70
e-file off without re-applying   nelé natural	R120
e-file off without re-applying	R100
e-file off with mini mani + treatment	R170
e-file off with nail polish	R190
nelé naturale combos	
standard gel hands + standard gel toes	R710
(get one FREE e-file off)	
standard gel hands + glo pedi (includes gel toes)	R910
(get one FREE e-file off)	
glo mani (includes gel hands) + glo pedi (includes gel toes)	R1000
(get two FREE e-file off)	

manis + pedis

manicures	
mini mani   soak + file + buff + nail polish	R250
gloss mani   soak + file + buff + scrub + massage	R340
glo mani   soak + file + scrub + buff + massage + gel overlay	R480
pedicures	
toe nail cut	R100
mini pedi   soak + file + buff + nail polish	R250
quick pedi   soak + file + buff + gel toes	R435
gloss pedi   soak + file + buff + scrub + massage	R400
glo pedi   soak + file + buff + scrub + massage + gel toes	R520
glo pedi pensioners + kids (under 12)   sundays only	
soak + file + buff + scrub + massage + gel toes	R410
medipedi	
medipedi   no nail polish	R570
medipedi + nail polish	R660
medipedi + gel overlay	R690
medipedi + rubber base	R760
for men	
men's clear gel   hands or toes	R270
quick men's mani   soak + file + buff + scrub + massage + shine	R340
glo men's mani   soak + file + buff + scrub + massage + clear gel	R395
quick men's pedi   soak + file + buff + scrub + massage	R340
glo men's pedi   soak + file + buff + scrub + massage + clear gel	R395
pedi peel   soak + file + buff + scrub + massage + heel peel	R565
add ons	
nail polish	R100
20 minute massage   feet	R130
paraffin wax treatment   hands or feet	R140
AI hand scan	R150
summer heel peel	R225

We offer a 7-day guarantee on our nail applications.

Fills booked beyond 4 weeks  
will be charged as a new set.

wax + tint

waxing treatments	
brow wax	R110
lip wax	R110
chin wax	R110
nostril wax	R110
ear wax	R110
full face wax	R250
underarm wax	R150
half arm wax	R190
full arm wax	R250
half leg wax	R250
3/4 leg wax	R265
full leg wax	R310
chest wax	R350
back wax	R370
bikini wax	R200
brazilian wax	R295
hollywood wax   eagle wax	R330
lash lift + tint	
lash lift	R350
lash lift + tint	R450
tinting	
brow tinting	R120
lash tinting	R130
brows + lashes combos	
brow wax + tint	R200
brow wax + tint + lash tint	R290
brow + lash tint	R210
brow wax + brow tint + lash lift + lash tint	R670

# facials + peels + microneedling

## AI skin scan

Face Scan AI Skin Analysis (15 minutes; Midstream only) R250

Discover your skin on a deeper level with our advanced Face Scan AI technology. This professional skin analysis scans beneath the surface to reveal hidden concerns, from dehydration and sun damage to fine lines and pigmentation.

Your results are interpreted by our skincare experts, who'll curate a customised, evidence-based treatment plan tailored to your skin's unique needs. Track your skin's progress over time and make confident, informed choices about your skincare.

## pHformula resurfacing treatments (face + neck area)

allow an extra 15 minutes for first free consultation

Minimally invasive resurfacing treatment that accelerates cell regeneration without the side effects of traditional peels.

pHformula ART 30 min Advanced Resurfacing Treatment R590

pHformula ART 60 min Advanced Resurfacing Treatment R895  
two customised options added

pHformula ART 90 min Advanced Resurfacing Treatment R1200  
three customised options added

## Gloss&Glo Midstream

- 079 054 0099
- reception@glossandglo.co.za
- @glossandgloMidstream
- @Gloss&GloMidstream

Shopping on Ridgeway,  
Ridgeway Ave, Midstream Estates,  
Centurion, 1692

## Gloss&Glo Plettenberg Bay

- 079 272 2380
- managerplett@glossandglo.co.za
- @glossandglo\_plettenbergbay
- @Gloss&GloBeautyLab

Robbergbay Shopping Centre,  
Cnr White Caps Way & Longships Drive,  
Whale Rock Ridge, Plettenberg Bay, 6660

## lamelle treatments (face + neck area)

allow an extra 15 minutes for first free consultation

### dry + sensitive skin

**lamelle essentials hydrating + calming treatment (60min)** R750  
luxurious facial that calms irritation, hydrates, and leaves your skin clean, plump, and soothed with no downtime.

### ageing skin

**lamelle essentials age-prevention treatment (60min)** R750  
luxurious facial with enzymatic exfoliation, personalised serum, and antioxidant mask for clean, plump, hydrated skin with no downtime.

**lamelle lactifirm peel 30/10 (60min)** R760  
boost your skin's glow, hydration and texture; minimal downtime.

**lamelle microneedling nova personalised procedure (90min)** R1885  
delivers injectable-grade ingredients deep into the skin for nearly immediate results, leaving your skin plump, hydrated; zero downtime.

### aged skin

**lamelle synergy peel (60 min)** R795  
stimulating collagen and elastin production for firmer, smoother skin and reversing signs of ageing such as fine lines and wrinkles.

### hyperpigmentation

**lamelle beta peel (60 min)** R795  
promoting cell shedding and blocking pigment production, offering visible results with minimal inflammation and 4-5 days downtime.

### dermaplaning + express facial

exfoliation to remove dead skin cells and fine 'peach fuzz' hair for a smoother, brighter complexion. R380

### facial injections (thursdays only)

wrinkle relaxing injections and premium fillers tailored to enhance your natural beauty. per unit R84

### add ons

**alchemy booster (customised formula)** R300  
plasma for acne, pigmentation, ageing or hydration  
**dermaplaning** R250

## mesoesthetic treatments (face + neck area) Midstream only

allow an extra 15 minutes for first free consultation

### anti-ageing peel

**mesoesthetic meso-peel modified jessner (60 min)** R950  
little to no downtime while reducing fine lines, wrinkles, hyperpigmentation, and acne scars for a radiant, refreshed complexion.

### anti-ageing + brightening peel

**mesoesthetic bespoke step-up layered peel (60 min)** R1 350  
combining science and innovation to reveal a radiant, youthful, and revitalised complexion.

### pigmentation peel

**mesoesthetic meso-peel melanostop tranex (60 min)** R950  
expertly targeting **stubborn pigmentation** such as melasma and dark spots for a brighter, more even complexion and renewed confidence.

### microneedling treatments

**mesoesthetic pigmentation (90 min)** R1 750  
designed to **reduce melasma** and dark spots while harmonising your skin tone for a brighter, more even complexion.

**mesoesthetic photo ageing (90 min)** R1 750  
combat **sun damage** and reduce signs of ageing, leaving your skin looking youthful and radiant.

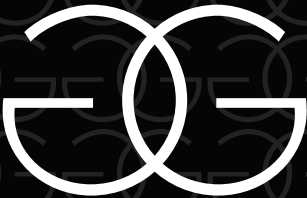
**mesoesthetic hydration (90 min)** R1 750  
helps increase collagen production, support moisture retention and refine overall skin appearance for a plump, dewy look

### meso-peel + microneedling treatments

**mesoesthetic pigmentation (90 min)** R2 150  
**reduce pigmentation**, even out skin tone, and rejuvenate your complexion for a brighter, more luminous you.

**mesoesthetic photo ageing (90 min)** R2 150  
**stimulate collagen**, reduce fine lines, and restore radiance for a youthful, revitalised complexion.

**to achieve the best results**  
a series of 1-3 treatments is recommended



Gloss&Glo  
beauty lab

treatment  
menu



scan to book online